

the EAGLE

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Scoutmaster's Minute

Dave Ishikawa



People frequently ask what makes Troop 380 so special. I can go on for hours about the many experiences our scouts and leaders have had over the 33 years I have been Scoutmaster. But just in recent years we have many things that make us proud.

Our travels have included Yellowstone, Wyoming, Death Valley, Oregon, Philmont, Canada, Japan and National Jamboree. We are the driving force behind council activities providing leadership for activities like Scout Expo, Webelos Woods, Capital City District Pinewood Derby, and the International Sportsmen's Expo. We are loyal participants in all district events like Klondike Derby, Spring Camporee and District Dinners. The Troop has been recognized for outstanding efforts by the Sacramento Food Bank and Family Services. The troop financially support the Golden Empire Council through Friends of Scouting and PUSH. Each year we are one of the top units in popcorn sales in the council. Our committee continually provide fund raising activities to make dreams come true. We have at least one outing a month and our meetings are full of information and activities. Summer camp experiences are varied and have sampled more than its share of adventures. We continue to look to the future and provide incredible possibilities for our members. The coveted Eagle Rank has been earned by over 140 scouts. Behind this all, is a group of adult leaders and parents that support the program. You just have to reflect on what we do and what we are all about to find what makes us special.

I want to welcome our newest scouts and parents to the adventure we call Troop 380. Remember it is not just a troop, it is a program that build character, fitness, citizenship and outstanding young me.

Committe Chair Report

Zenaida Kamine



This Spring Court of Honor is a perfect time to welcome all the new scouts and parents who have bridged from Cub Scouts or transferred from another troop. I would like to take this opportunity to invite all the new parents to join

our Troop Parent Committee. Our main job as a committee is to support Dave, our Scoutmaster, and the Assistant Scoutmasters in providing a quality program for your scouts as well as financially supporting the troop in our fundraisers. There are many opportunities to become involved such as: driving on camp outs & weekend activities, helping their scout with the many fundraising opportunities, volunteering to lead or assist with events, becoming a Merit Badge Counselor, helping with Boards of Reviews, and attending Roundtables and Committee Meetings.

The Troop Parent Committee Meeting is held on the last Tuesday of the month at the church next door (Lutheran Atonement Church). At these meetings you will be able to find out what is happening in the troop as well as find ways where you may be able to participate or help out. It is a perfect time to meet the other adults in the Troop and find out who to talk to if you have any questions. I hope to see you all at the next meeting on Tues, April 26th at 7pm.



SENIOR PATROL LEADER'S REPORT

Ben K

I am grateful for the opportunity to lead Troop 380 as SPL. I would like to thank my assistant senior patrol leaders, Grayden and Max, who both supported me in making sure the meetings and outings were successful. I wish Grayden the best of luck as Senior Patrol Leader. I am sure he will do a great job.

EAGLE WATCH

Johnie Pennington

Congratulations to Adam Boles on completing his Eagle Service Project and for turning in his Eagle Scout application. Congratulations to Christian H. for also turning in his Eagle Scout application. Both Adam's and Christian's Eagle Board of Review are scheduled for Wednesday, April 20.

Preparing to be an Eagle Scout begins when you join the troop. Keep all rank cards, merit badge (blue card) cards and other award certificates and badges in a notebook with plastic card holders, like those used for baseball cards, or protective sheet covers.

Life Scouts can begin working on or preparing to present a proposal for an Eagle project at any time. However, it is highly recommended they and their parents attend a district Life-to-Eagle presentation, held prior to the districts monthly Roundtable in March, July and November, to get a good understanding on what is an Eagle project and the steps on becoming an Eagle Scout.



several months the troop will continue, on M.A.C. night, with the existing Merit Badge offerings noted below:

1. Emergency Preparation with Kim Perry Reed as counselor
2. Disability Awareness with Michelle Peters as counselor
3. Welding with Mark Stretars. as counselor
4. Family Life with Elizabeth Ruygt. as counselor
5. Medicine with David No as counselor

Jon Traum will also continue with a series of hikes around Folsom Lake during the next 6 months. If you want to earn your Hiking merit badge, please speak with Jon..In addition for scouts that are very close to completion of their latest badge or have completed it, the troop will offer two additional badges to be introduced during a troop meeting in April.

Once again I want to thank all of the adults who contribute time and experience as Merit Badge Counselors. If you have a personal or professional interest or skill that matches up with a Boy Scout Merit Badge, please consider signing up with the Advancement Assistant Scoutmasters to be a Counselor.



A VIEW FROM THE CREW

Ian C

The crew is enjoying the Spring time weather and participated in the Folsom Lake hike in March. Events in the next three months include canoeing in preparation for Sea Base in 2017, a camping trip to the Lava Tubes in Northern California, and orienteering competitions. If you have any questions or are interested in Crew 380, please contact Paul Keefer.

MERIT BADGES

Bob Williamson

Several Merit Badge counselors noted that scouts who have not completed all of the requirements and need more sessions or time. As a consequence, for the next



TRADING POST

by Ralph and Peggy Merrill

Your Troop 380 Trading Post is always open for business and well stocked. We have all the latest fashions and colors (color)! Watch for some cool specials coming up"

TREASURER'S REPORT

By Daphne and Wei Hsieh

The treasurer's desk takes care of your business transactions between 6:45pm to 8:30pm. As a reminder, Troop 380 scout dues of \$100 are to be paid. Families can make payments or use fundraising credits to pay them. Per troop policy, if there are credits in the accounts, they are automatically applied to scout dues first before anything else. Please contact us via email (hsieh@frontiernet.net) or in person if you have questions regarding your scout account.

FUNDRAISING

"World's Finest Chocolate sales is going on right now. Chocolate is still available for the scouts to earn money into their scouts accounts. All the scout has to do is sell 60 candy bars (one box) and earn \$30 to help pay for troop activities. See Naomi Kamine-Mellerski to check out a box."



Recent Events

Bowling Night

by Chris Ishikawa

December 30, 2015 scouts, family and friends all met at Pins & Strikes in Elk Grove to have a great time bowling, eating pizza and lots of soda. This was a great crowd and we took up 10 lanes in our own private lanes. The winners are:

Scout

Grayden Shaw, score: 95

Crew

Austin Mellerski, score: 92

Adult Female

Sharon Desmond, score: 142

Adult Male

Bob Williamson, score: 147

Thank you to all those who helped and participated in this yearly event. Can't wait till 2016.

380 White Elephant Party: The Party No One Wants to Miss!

By Sherri and Peter Brown

On Saturday, January 2, scouters, parents and other adults associated with Troop 380 came together once again for the annual White Elephant Party, where everyone enjoyed an abundance and variety of food and drink, great camaraderie, and the exciting gift exchange. Dozens descended on the home of Peter and Sherri Brown that evening to celebrate the end of the old year and the beginning of a new one—without the kids! (We love you, but we need respite sometimes!)

The highlight of the party, as always, was the white elephant gift exchange, filled with pleasant surprises, gaudy novelties, and items of questionable taste. The rules, read with relish by Dave Ishikawa, were the same as always with the exception of

the addition of the special “wild” envelopes hung on the Christmas tree. These allowed the person selecting one—instead of a wrapped present—to receive no gift (an option some coveted), to take and keep any gift, or to make all the guests pass their gifts one to the left or right. Some people were delighted to end up with high quality gifts, such as a Vera Bradley bag and nice scarves. The rubber chicken and red high-heel cell phone holder appeared again from previous years; they were not among the stolen gifts. High on the desirable list was chocolate. Dave and Phil—probably as a result of the karma associated with their superior leadership—both ended up with colorful hats with flashing LED lights.

After the party was over and life returned to normal, some people, no doubt, put their gifts to good use while others, it is certain, stashed theirs away to be wrapped again a year later for the next delightful White Elephant Party.

Christmas Tree

Troop 380 held their annual Christmas tree recycling project on January 2nd and 9th. Over 300 trees were collected and taken to the Elder Creek Transfer Station to be recycled into mulch. We collected trees from the Rosemont, Mather and Vineyard areas. Scouts earned money that can be used for summer camp and other troop activities.

International Sportsmen's Expo

by Dave Ishikawa

Over 35,000 people visited the International Sportsmen's Expo at Cal Expo on January 21-24, 2016. Troop 380 was instrumental in the Golden Empire Council exhibit as part of the ISE's Youth Fair. The display included ATVs, action archery, shooting range, STEM, camping, pinewood derby and recruiting information. Many thanks to Johnie Pennington, Frank Shaw, Chris Ishikawa, Ben Heningburg, Joseph Jacobs, Peter Brown, and the many Troop 380 Scouts and leaders who helped out at



this great event. We have been invited back for next year's show.

University of Scouting

by **Kim Perry-Reed**

On a cold January morning Troop 380 was out in full force for GEC's annual University of Scouting that hosted around 400 people from all over northern California for a day of scouting education. Troop 380 was well represented by our adult leaders & parents as trainers and/or helpers with set up, opening, midway & tear down activities as well as a we had adults attending classes to further their scouting education in topics like geocaching, leather work and STEM. In addition to the many adults Troop 380 had a great presence of youth who began the day by taking charge of the Garrison flag for the opening ceremony. John D, Logan R & Emily P. all assisted as trainers with the Den Chief training and helped anywhere a lending hand was needed. Last but not least our newest trained Den Chiefs attending were Daniel M., Kai R, Andrew P, Steven F, David A. and Cyrus. Now they are ready to take on any Cub Scout den that needs their leadership.

Mt. Tamalpais Hike

by **Joshua P**

On February 13 I met with 42 other scouters, a mix of boys and family, in the Starbucks parking lot off of Bradshaw. We all packed into cars and drove up to Mount Tamalpais in the Bay Area. We gathered up, passed out a few maps, took a preemptive bathroom stop at the trailhead, then left on our trek. We reached the top, had lunch while enjoying the view,

and then trekked to our cars. We made it back to the Starbucks around six, where we all went our separate ways.

Pack 281, 380 and 383 Bridging Ceremonies

by **Ben Heningburg**

During February and March we had six WEBLOS bridge over from Packs within our District. One WEBLOS from Pack 281, four WEBLOS from Pack 380, and one WEBLOS from Pack 383. We also had three new Scouts join our troop. They are all very excited, busy with rank requirements, and looking forward to the big adventure ahead.

Klondike Derby

by **Steven P.**

February 26-28 the troop braved the weather and headed to Martis creek for the Klondike derby. Not much snow but enough for a snowball fight and

a snowshoe race. The troop engaged in games like history, blanket toss, fire building, and many more. We took honors in snowshoe race, sledge race, and camp inspections.

Kwahadi Dance Theater

by **Dave Ishikawa**

Troop 380 had the pleasure to host the Kwahadi Dance Theater from Amarillo, Texas on Monday, March 14, 2016, at Rosemont High School. Over 400 people filled the theater for the performance by the scouting group that traveled all the way from Texas. We hosted the scouts and their leaders overnight at the church. Many thanks to Bob Williamson, Don Dier, Phil Allen, and Ben Heningburg for preparing a great dinner before the show for the Kwahadi. Also thanks to the Ann Truong and Tina Schmidt for assisting with breakfast preparation. We are very grateful to the Rosemont PTSA and

President, Patrick Boles for their assistance with the facility. The theater was a great venue. Tonia and Mac Cameron did a great job of preparing our snack bar and was quite successful in adding to the profits. We had a very successful Boy Scout Quilt drawing thanks to the beautiful quilt crafted by Tami Burkart and Juanice Hess. The whole Troop 380 family pitched in to make this a truly magical evening.

Folsom Lake Hikes and Hiking Merit Badge

by **Jon Traum**

Troop 380 is working on the Folsom Lake Trek, which is a series of six 10-mile day hikes take complete a loop all the way around Folsom Lake. On Saturday March 19, we completed the first of these segments, when we hiked from Rattlesnake Bar to Granite Bay. We had 8 adults and 15 youth participate. Our next hike is



scheduled for Saturday April 23, which will be from Granite bay to Folsom Marina. After that, we are planning to continue scheduling future hikes until we have made it all the way around Folsom Lake. Then we will start over again! Each hike only takes about a half day, so you can usually get outdoors and participate even if you have other weekend commitments already.

Participating in these hikes is a great way to take in scenic views of Folsom Lake and to get in shape for high adventure treks, such as Lost Coast, which is scheduled for this summer. Scouts will also earn a patch segment that goes around a main center patch, for each hike completed. In addition, scouts participating in these hikes can earn the hiking merit badge. The core requirement for the merit badge is to take five 10-mile hikes and one 20-mile hike. Participating in five out six of the Folsom Lake Hikes will fulfil the 10-mile hike requirement. Troop planning for the 20-mile hike is currently in progress.

Oregon Road Trip

by Dave Ishikawa

A determined band of Scouts, parents, family members and leaders traveled to Southern Oregon and the North Coast of California, during the spring break (March 20-24). On our first day, the group of 22 visited In N Out, the Turtle Bay Museum, Sundial Bridge, Mt. Shasta (hidden by clouds), Lake Shasta and Ashland. The first day ended with Kaleidoscope Pizza and swim in the hotel pool, in Medford, Oregon. Day two found us at Oregon Caves National Park. We took an amazing tour of the caves during a snow storm



that left many inches of snow on the ground. We continued to the Smith River Valley and on to Crescent City for another night in a hotel to stay dry. Witnessing raging rivers and waterfalls along the route would be an understatement due to the rain. Day three was highlighted with a visit to the Trees of Mystery. The group took an amazing hike in the redwoods and a gondola ride to the crest where we had a magnificent view of the ocean, mountains and redwoods. The troop also visited the beach and the Kuchel Visitors Center. Our evening was spent camping at Prairie Creek Redwoods State Park next to a meadow inhabited by Roosevelt Elk. Our fourth day was highlighted by a huge meal at the Samoa Cookhouse. This lumberjack dinning hall dates back to the late 1800s. The meal included salad, soup, spare ribs, corn, potatoes, bread, and lemon cake. A hike of historical Eureka and their beautiful Victorians rounded out the day. After a tailgate party in the parking lot of our hotel we settled down for our final night of the trip in Willits. Day five brought us

home and start of our plans for our 2017 trip to Southern Utah. Thank you to the Pennington, Williamson, Truong and Ishikawa families and Michelle DeLalio and Mac Weir for driving on the trip. All of our scouts were wonderful travelers.

Kings Win!!!!!!!

by Chris Ishikawa

March 25, Troop 380 sponsored a Scout Night at Sleep Train Arena. The good news was they won and looked terrific doing so. Pack & Troop 325 joined us with 20 people and they had a great time. The Ishikawa's, Pennington's, Huber's, Krug's, Price family were in attendance. It's funny how much more fun going to a sporting event is when the home team wins. I'm sure there will be River Cat tickets coming in the future.

Skills Camp Out

by Ben Heningburg

Our Patrol Leaders Council (PLC) will be conducting a basic skills training event for our

newer Scouts April 1-3 at Camp Navoo near Placerville, CA. This event is designed to provide newer Scouts an opportunity to begin the process of "learning by doing" prior to their first Boy Scout summer camp. During the event, the PLC and other troop leaders gain additional experience leading others and applying leadership skills. Events will include... safe handling of knives and axes, hiking techniques, knot tying, basic first aid, pitching tents, physical fitness, and more. On Sunday, scouts will prepare lunch for the families prior to the Spring Court of Honor.

Save the Date



2016 Spring Camporee Olympics

April 15th - 17th

During the weekend of April 15th - 17th our troop will participate in the Capital City District, Spring Camporee being held at Camp Pollock in Sacramento. The Camporee theme is Olympic Games or Olympics and will be hosted by the Order of the Arrow. Scout Olympic events will include: Olympic Pentathlon; Olympic Triathlon "Gladiator Challenge"; Archery Competition; Kim's Game; and Frisbee Launch. Você pode cozinhar usando um forno holandês? A Brazilian theme Scout Dutch-Oven Cooking contest will test your skills. Team building will be emphasized during all activities. You won't want to miss the fun during the Order of the Arrow Campfire Program, so sign up today. All Scouts and Ventures are encouraged to attend.

National Youth Leadership Training

April 8-10 and 22-24

The spring session of National Youth Leadership Training (NYLT)

will be held over two weekends this year – April 8-10 and April 22-24. The training will take place at Camp Nauvoo in Placerville. Attendees will participate in games, activities, presentations, and discussions designed to help develop their leadership skills and prepare them to be the great leaders of the future. Crew 380 will be proudly represented by Emily P. and Mari H.

Mother and Scout Raft Trip Replace by Hike

May 7

Due to swift waters and cold temperature expected for our proposed May 7th Mother and Scout Raft Trip, we have replaced this event with a Rim of the Bay Hike to Mt. St. Helena, near Napa. We will take the day hike on Saturday, May 7, 2016. The hike will be open to scouts and family members. The hike is 5 miles one way (10 miles total if you hike to the correct peak). Stay tuned for more information on the hike and a new date for the Raft Trip. Sorry to disappoint on the raft trip, but we are always concerned about safety. We will also hold a swim date so scouts can qualify

for their swimmer classification to participate in the rafting trip. Sherri Brown will be leading this adventure.

Beach Camp Out

May 13

Summer is coming and what would it be without a beach campout? So mark your calendar for Friday, May 13th where the scouts will load up and head to Doran Beach in Bodega Bay for a weekend filled of kite contests and cool sandy fun. Permission slips & more details will be out in the next few so keep an eye out! As well I am looking for a scout in charge so if you're interested please see your SPL Graydon or myself.

Fair Oaks Cemetery Service Project

Memorial Weekend

On Memorial Day Weekend Troop 380 will be doing their annual service project at the historical Fair Oaks Cemetery on Olive Street in Fair Oaks. On the morning of Saturday May 28 when the cemetery holds its Memorial Day Service the

Scouts will be directing traffic, handing out programs and taking part in the flag ceremony during the service. This year's theme is the 75th anniversary of the bombing of Pearl Harbor honoring the survivors along with all veterans who have served our country. Highlights of the service will be a guest speaker portraying President Franklin D. Roosevelt, Congressman Bera and other dignitaries, bagpipers and music of the World War II era will be played. After the memorial service the troop helps take down the chairs and awnings. In the afternoon we will return to the cemetery to take down the Avenue of Flags. Early Monday morning, May 30, we return to the cemetery to put up the Avenue of Flags, returning in the afternoon to take down the flags. This is the 10th year that the troop has done this large service project which the boys enjoy because of the moving ceremony, interesting headstones, the beautiful rolling hills and the gratitude they receive from the public. Scouts can earn either community service credit for their rank advancement or money for their Scout account. There are four time slots Scouts can sign up for. If you would like more information about this project, or to sign up for it, please speak to Elizabeth Ruygt at a troop meeting or email her at GoldRivMom@comcast.net

Summer Court of Honor and Pot Luck

June 6

Our next family event will be the Summer Court of Honor and Pot Luck on Monday, June 6, 2016. The troop will provide the main dish and families will be asked to bring salad, sides dishes, and desserts. It is always



a fun event and we have plenty to eat. Don't miss this event for all family members. Scouts will be presented with spring awards and recognition. Jolene Ford is coordinating this event.

Summer Camp at Camp Winton

June 19-25

Troop 380 will spend a week at summer camp at Camp Winton, June 19-25, 2016. Located on picturesque Bear River Reservoir, summer camp is the experience scouts will not want to miss. It is definitely the most important scout event of the year. Scouts will earn merit badges, work on rank advancement, camp next to the lake, hike, canoe, sail, shoot, make crafts, and most of all have a great time. The fee for the week is \$370.00 which includes a special Troop 380 summer camp t-shirt. It's not too late to add, but act soon.

Camp Fiesta Island

July 17-23

Troop 380 will be making its inaugural destination to Camp Fiesta Island in San Diego. This terrific summer camp includes being on the Beach for a full week, terrific excursion options including snorkeling in La Jolla, sailing, scuba diving, and taking part in much of what San Diego has to offer. In addition, the summer camp will offer over forty merit badges. The Summer Camp dates are July 17 - 23. If you have any questions, please contact Phil Allen or Paul Keefer.

Lost Coast Backpack Trip

July 27-31

The Scouts and Ventures will participate in our third Lost Coast Trail backpacking trip. This is a unique opportunity to hike and camp along the Pacific Ocean in a Wilderness setting. Participants will need to prepare for this hike by

participating in a few conditioning hikes. The dates for the trip will be July 27-31, 2016. The cost has not been set at this time, but should be very reasonable for this five-day adventure.

National Jamboree

Summer 2017

"LIVE SCOUTING'S ADVENTURE" Where will you be in the summer of 2017? Do not miss the adventure that the Golden Empire Council Jamboree contingents have planned. There will be three Boy Scout Troops of 36 Scouts, four adult leaders, and a Venturing Crew of 8 youth 2 adult leaders. Cost for this once-in-a-lifetime adventure is \$3,900.00.

As of now Scouts and Ventures from all over the council have signed up to fill two troop and a crew, and we are also close to filling the third troop. To be a member of a troop a youth must be 12 and 1st Class before the start of the National Jamboree and

has not turned 18 before the end of the National Jamboree. To be a member of a crew a youth must be registered with a Venturing Crew and has not turned 21 before the end of the National Jamboree.

For information on how to register for the 2017 National Scout Jamboree please talk to Johnnie, Dave or Chris or go to the council's National Jamboree Website - <http://www.gec-bsa.org/program/jamboree/nationaljamboree> - to begin the registration process.

Experience the 2017 National Jamboree in a Different Way

by Dave Ishikawa

If you will be 16 years old by time the 2017 National Jamboree begins you may want to consider being part of the Jamboree Staff. To encourage young people (16-25 year olds) to be part of the staff the cost will be \$425.00 for 12 days of the event. That is actually less expensive than most summer camps and twice as long. Other costs will include airfare to West Virginia. I am heading up the Mountain Biking area and look

forward to leading a staff of almost 100. I am recruiting youth and adults (yes adults) to be part of the Mountain Biking Extreme Sports Venue. You do not have to have biking experience to enjoy the Jamboree. I am currently working on group airfares and a possible pre or post tour of the East Coast. Please see me if you are interested in being part of this incredible experience.

Spring Road Trip 2017

by Dave Ishikawa

Following very successful spring road trip to Death Valley (2015) and Oregon and North Coast (2016), we are working on plans for a trip to Southern Utah in 2017. Looking ahead possibilities include Bryce National Park, Zion National Park, Canyonlands National Park, Moab, and Arches National Park in Utah. Look for details. Dates for this trip would be during the traditional spring break dates of April 8-13, 2017. Let me know if you want to be part of this plan. It will be an adventure you won't want to miss.

Troop 380 Calendar of Events

Upcoming Events

April

15-17	Spring Camporee	Camp Pollock
23	Folsom Lake Hike	Folsom Lake Trail
26	Troop Parent Meeting	Atonement Lutheran Church
30	CCD Pinewood Derby	Suzie Burger

May

4	Spotlight on Scholarships	Elk Grove Baptist
7	Mt. St. Helena Hike	Robert L. Stevenson State Park
13-15	Beach Camp Out	Bodega Bay
28/30	Fair Oaks Cemetery Project	Fair Oaks Cemetery

June

6	Summer Court of Honor & Pot Luck	Church
19-25	Camp Winton	Bear River Reservoir

July

16-23	Camp Fiesta Island	Mission Bay San Diego
27-31	Lost Coast Backpack Trip	Lost Coast Trail

Advancement

by Floyd Brown and Rommel Aguil

David A.	1st Class	
Russell B.	Tenderfoot	
Ian C.		American Heritage
Ryan D.	2nd Class	
Andrew E.		Camping* Citizenship in the Community* Personal Fitness*
Steven F.	Star	Citizenship in the Nation*
Christian H.		Citizenship in the Community*
Ben K.		Citizenship in the World* Special Awards: World Conservation
Donovan K.	1st Class	
Taylor L.	1st Class	
Daniel M.	First Class	
Matthew M.	Gold Palm	
Steven P.	2nd Class 1st Class	
Gabriel P.		Citizenship in the World* Personal Fitness*
Andrew P.		Family Life*
Logan R.	Life	
Kai R.	1st Class	
Tyler T.		Communication* Citizenship in the Nation*
Jalen W.	Life	

*Eagle Required Merit Badge

